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Unusual Attitude Recovery Syllabus

Lesson 1

Ground: Review of basic aerodynamics including minimum controllable airspeed, critical angle of

attack, stall, spin phases, pro-spin forces and control inputs, anti-spin forces and control

inputs. Aircraft familiarization including egress procedure and parachute usage.

Flight: 1. Aileron/rudder ("Dutch roll") exercise

2. Flight at minimum controllable airspeed

3. Stalls: Power-off and power-on, accelerated, and secondary

4. "Falling leaf" exercise

5. Full control slips with stall

6. Introduction to one-turn spins

Lesson 2

Ground: Review spin entry and recovery. Discuss steep spiral attributes, g forces, rolling g forces,

inverted flight. Discuss power/push/roll recovery technique for potential speed-based

scenarios.

Flight: 1. Spin entry and recovery review

2. Rolls and inverted flight

3. Scenario-based spin entry:

a. Base-to-final turn (skidding)

b. Slipping flight and spins

c. Stretching the glide

d. Go-around/departure stall

4. Steep spiral recovery

5. Unusual attitudes and recovery at cruise and pattern speeds

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